

All of the rules regarding drug and alcohol use that are stated in your student handbook will apply while on this retreat. In addition to the sanctions that Mercy High School places on those found violating these rules, during the retreat, ANY STUDENT FOUND POSSESSING OR USING CIGARETTES, DRUGS, OR ALCOHOL WILL BE ASKED TO LEAVE THE RETREAT IMMEDIATELY. Parents will be called to come and pick their daughter up. Colombiere is a smoke free and alcohol free facility. The facility charges any individual found smoking on the premises a \$75.00 fine.

Part of what makes a retreat successful is taking a step back and removing ourselves from the little things of our everyday lives. In order to help accomplish this, we ask that the students not make any phone calls or check text messages during the retreat. If your daughter has a cell phone, please make sure she leaves it at home or turns it over to the Adult Staff members when requested to do so. In the case of an emergency, we will make sure she has access to a phone and you may reach us at the **Colombiere (248) 625-5611, 24 hours a day.**

It is important your daughter adheres to the guidelines and cooperate fully with the Staff and student Leaders on Retreat. Outside of the general rules covered in your handbook these also apply. No food is consumed in the sleeping rooms; all girls must remain in the sleeping rooms assigned unless given permission by one of the Pastoral Ministers to change rooms. When it is curfew time everyone should be in her assigned room with lights off and QUIET. No one is to be out of the room after this time unless there is an emergency or using the bathrooms.

For a successful experience, all retreatants must remain open to the experiences on the retreat. This includes, but is not limited to, silent time, prayer, small and large group discussions, art expression time and quiet personal journaling time. We ask that you participate to the best of your ability and maintain an atmosphere of respect for each other and the process at all times on the retreat including listening and following the directions of the retreat leaders.

NOTE: If your daughter decides not to adhere to the above guidelines, you will be asked to come to Colombiere and pickup your daughter.

**I (print student's name) \_\_\_\_\_ understand that the rules stated above apply to me while I am on the KAIROS Retreat and that I will be asked to leave the retreat if I violate any of these rules.**

**Signature of student \_\_\_\_\_**

**I (print parent's name) \_\_\_\_\_ understand that the rules stated above apply to my daughter while she is on the KAIROS retreat. You will be able to reach me at the following numbers during the retreat.**

**Signature of parent: \_\_\_\_\_**

Day time phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Evening phone ( ) \_\_\_\_\_ - \_\_\_\_\_

Cell phone: ( ) \_\_\_\_\_ Parent email address \_\_\_\_\_

\*\*\* If you are going to be out of town or unreachable, please indicate below someone who is aware of the above rules and should be contacted in case of emergency.

Name: \_\_\_\_\_ Relationship to student: \_\_\_\_\_

Day phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Evening phone ( ) \_\_\_\_\_ - \_\_\_\_\_

