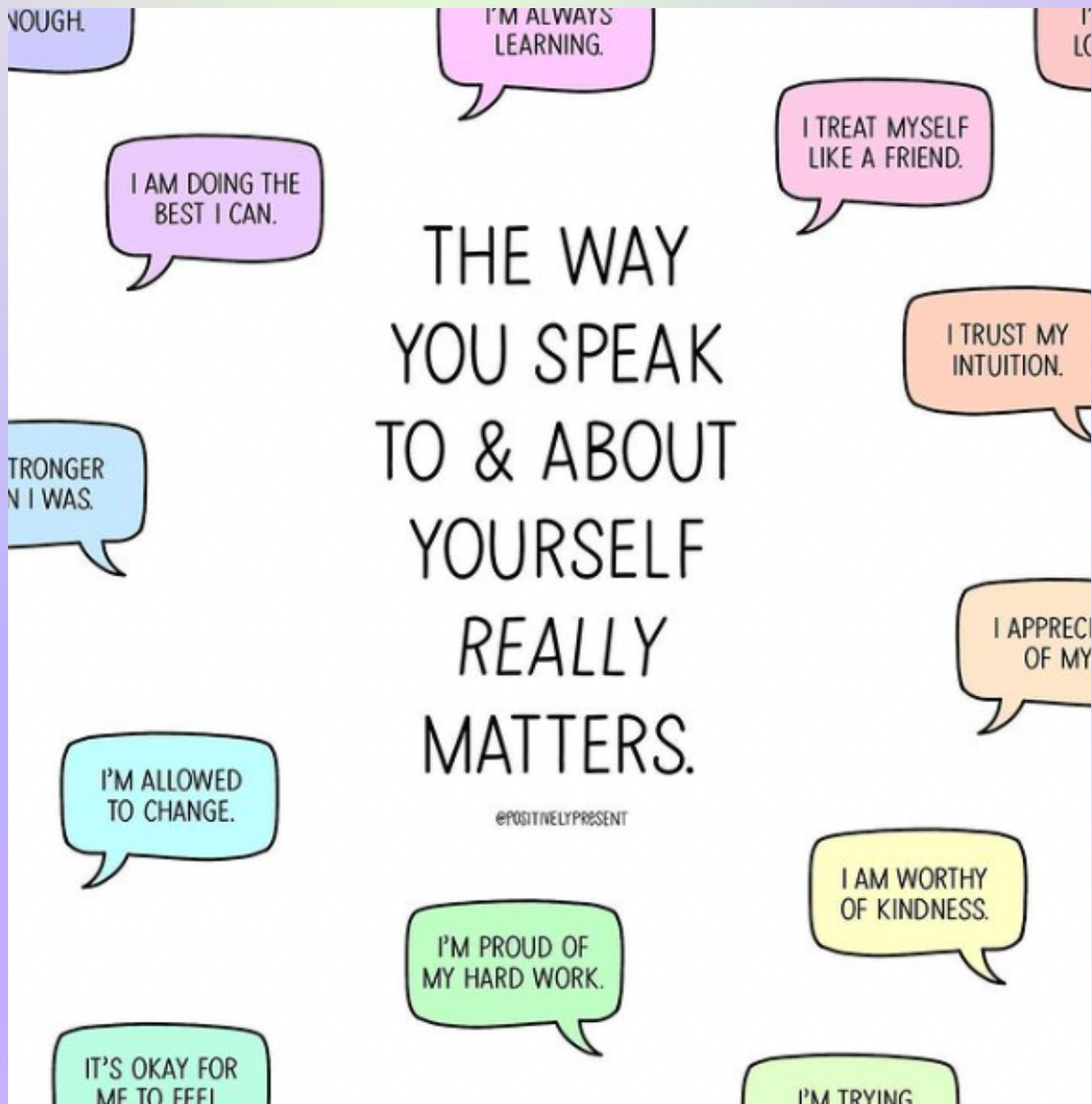


GOOD NEWS

August/September 2022

A BI-MONTHLY NEWSLETTER PROVIDED BY
THE MERCY HIGH SCHOOL COUNSELING DEPARTMENT



USED WITH PERMISSION BY DANI DIPIRRO @POSITIVELYPRESENT

MEET *The Mercy Counseling Department*

Mrs. Brown

9TH GRADE COUNSELOR

COUNSELING DEPARTMENT CHAIRPERSON



Mrs. Bennetts

10TH-12TH GRADE COUNSELOR

LAST NAMES A-G

CONTINUED ON NEXT PAGE

Mrs. Hessler

10TH-12TH GRADE COUNSELOR

LAST NAMES H-O



Mrs. Casey

10TH-12TH GRADE COUNSELOR

LAST NAMES P-Z

Ms. Willis
**COUNSELING DEPARTMENT
SUPPORT SPECIALIST**



HOW TO

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LET'S GROW!

Dear Mercy,

On behalf of Mercy's Counseling Department, welcome to our new Mercy family members (116 9th graders, 9 Transfer students, & 6 new staff members!!) and welcome back to the rest of the family!

This department is invested in the well being of each and every Mercy student and are always striving to provide an environment of comfort, familiarity, warmth, and emotional safety within our office. We are here to support you as you grow, change, and figure out who you are, as well as who it is you want to become.

Here's to a healthy and happy 2022-2023 school year.
Let's grow!

WRITTEN BY MERCY COUNSELOR, MRS. TRISH BROWN



9TH GRADE COUNSELING CURRICULUM

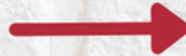
THE FOLLOWING SERVICES ARE PRE-SCHEDULED AND PROVIDED TO EACH 9TH GRADER

INDIVIDUALIZED SUPPORT



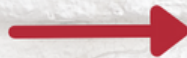
- First Semester Individual Interview
- Second Semester 10th Grade Course Registration & 4 Year Planning Guidance

CLASSROOM PRESENTATIONS



- Counseling Department Orientation
- Personality Assessment
- Introduction to SCOIR

COLLEGE GUIDANCE



- Our Introduction to SCOIR Presentation provides an overview of Mercy's web based, college search and application tool, SCOIR.

During this presentation, 9th grade students will create a SCOIR account, learn how to update their SCOIR Profile, receive instruction on how to utilize SCOIR college search functions, and gain understanding regarding what valuable college information SCOIR can provide.

- During Second Semester Registration Appointments, each 9th grader will engage in an opportunity to map out a tentative 4 year course plan, based on their individual interests, skills, and post-secondary goals.

FOR PARENTS



- New Parent Orientation
- Remind Text Updates

9TH GRADE SELF DEVELOPMENT GOALS INCLUDE: INDEPENDENT TIME MANAGEMENT SKILLS, ACADEMIC RESILIENCE, EXTRACURRICULAR INTEREST & INVOLVEMENT, & CHARACTER FORMATION



10TH GRADE COUNSELING CURRICULUM

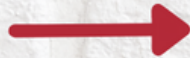
THE FOLLOWING SERVICES ARE PRE-SCHEDULED AND PROVIDED TO EACH 10TH GRADER

INDIVIDUALIZED SUPPORT



- First Semester Individual Interview
- Second Semester 11th Grade Course Registration & 4 Year Planning Guidance

CLASSROOM PRESENTATIONS



- You Science Assessment

COLLEGE GUIDANCE



- Our You Science presentation will guide students through a skills and aptitudes assessment. Results can be helpful in post-secondary planning.
- During Second Semester Registration Appointments, each 10th grader will engage in updating their tentative 4 year course plan, based on their individual interests, skills, and post-secondary goals.
- Practice Assessments and results will be provided for all 10th graders; PSAT in the Fall and PreACT in the Spring. These experiences can help students decide whether standardized testing would be beneficial to their future college application packet.

10TH GRADE SELF DEVELOPMENT GOALS INCLUDE: CONTINUED TIME MANAGEMENT SKILLS, ADJUSTING TO INCREASED ACADEMIC RIGOR, LEARNING FROM PAST MISTAKES, INCREASED DEPTH OF INTEREST AND INVOLVEMENT IN EXTRACURRICULAR ACTIVITIES



11TH GRADE COUNSELING CURRICULUM

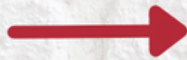
THE FOLLOWING SERVICES ARE PRE-SCHEDULED AND PROVIDED TO EACH 11TH GRADER

INDIVIDUALIZED SUPPORT



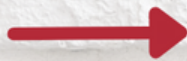
- Junior College Meeting
- Second Semester 12th Grade Course Registration

CLASS PRESENTATIONS



- College Application Presentation Part 1

COLLEGE GUIDANCE



- Each 11th grade student and their Parents/Guardians are offered an individualized Junior College Meeting with their assigned Counselor. These sessions are

offered November-February of 11th grade, during the school day, and are typically one class period long. These meetings are designed around the student's specific college guidance needs and their college search status. This is an informative and supportive session; wherever the student is at in their college planning process, that is where the Counselor will meet them.

- In the College Application Presentation, Part 1, our 10th -12th grade Counselors will walk our 11th grade students through the first steps in completing their college applications. Part 2 of this presentation is offered in the Fall of 12th grade.
- A second PSAT opportunity is offered to our 11th grade students in October.

FOR PARENTS



- Our Junior Kick-Off Parent presentation will inform Parents & Guardians of what to expect regarding their student's College Application process.

11TH GRADE SELF DEVELOPMENT GOALS INCLUDE: FINE-TUNING INDIVIDUAL SENSE OF SELF, PERSONAL AND ACADEMIC SELF REFLECTION, REALISTIC POST-SECONDARY PLANNING AND GOAL SETTING



12TH GRADE COUNSELING CURRICULUM

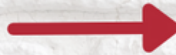
THE FOLLOWING SERVICES ARE PRE-SCHEDULED AND PROVIDED TO EACH 12TH GRADER

INDIVIDUALIZED SUPPORT



- Individual Senior College Check Ins

CLASS PRESENTATIONS



- College Application Presentation, Part 2

COLLEGE GUIDANCE



- Our 10th-12th grade Counselors will host Part 2 of the College Application Presentation to our 12th graders in the Fall. This presentation

will review information presented in the Spring as well as the components, responsibilities, and procedures involved in the college application process.

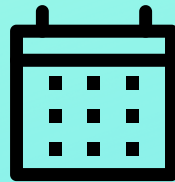
- Each 12th grader will have an individual appointment with their assigned Counselor to check in on their college application status. In this brief session, Counselors will provide individualized guidance and support to help each student take their next steps toward application completion.
- Throughout the month of October, Counselors will host College Guidance drop-in sessions in the cafeteria. In each session, 2 Counselors will be available to answer any college related questions, assist with application components, and serve any other college guidance related needs.

FOR PARENTS



- Our Senior Parent Night presentation will guide parents and guardians on how they can best support their student through the College Application & decision process.

12TH GRADE SELF DEVELOPMENT GOALS INCLUDE: STRIVING TO KEEP ACADEMIC MOMENTUM, PERSONAL AND ACADEMIC SELF REFLECTION, FINALIZING POST-SECONDARY PLANS AND GOALS



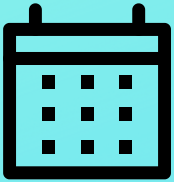
August 22: 9th Grade
Welcome Day



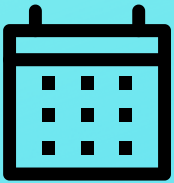
August 23: 9th Grade
Campus Ministry Retreat
& Marlin Business Day



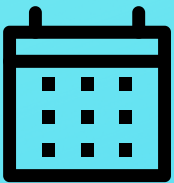
August 24: Class of 2023
College Application
Presentation, Part 2



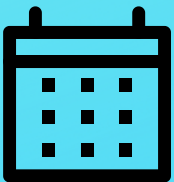
August 25: New Parent Orientation



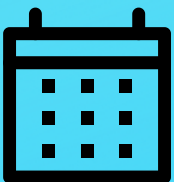
September 1: Course Drop Deadline, Parent Night &
Senior Parent College Presentation



September 6-14 (Cycle 2): New Student
Counseling Department Orientation Presentations



September 14-20 (Cycle 3&4): New Student
Individual Interviews with Counselors



September 19-25: Spirit Week

COLLEGE CORNER

COLLEGE REPS ARE COMING!

ATTENTION ALL 11TH & 12TH GRADERS!

Colleges begin to meet with Mercy students in September. This year, these visits will be both in person and virtual. This is a great opportunity to learn about a school and meet the person who is likely reading your application.

11th Graders - this is a great time to start learning about schools. Check out a school you have never heard of. Try to visit with a rep from a large school and one from a small school. Explore! This helps in building the college list.

HOW TO SIGN UP FOR A COLLEGE REP VISIT:

- **Look at the visit calendar on SCOIR**
- **Click on the register/sign-up button on SCOIR**
- **Let your teacher know you will be missing class for a college visit, you are responsible for missed content.**

Continued on next page

In -Person Visits

- Arrive at the visit location (room location will be in SCOIR) at the time of the meeting.
- Sign in on the attendance sheet

Virtual Visit

- Leave your classroom and arrive at the Counseling office to sign an attendance sheet.
- Find a quiet area (study carrel, media center) and use earbuds to join the meeting. The link will be in the SCOIR calendar

A NOTE TO 12TH GRADERS:

You will have an
Individual Check-In
appointment with your
Counselor in September
to discuss your application
status and to help you
move forward.

NEGATIVITY EMBEDS ITSELF
MORE EASILY THAN POSITIVITY.

YOU ARE NOT BROKEN IF
OPTIMISM IS HARD FOR YOU.

KEEP PRACTICING YOUR POSITIVITY.

I PROMISE IT'S WORTH IT.

@POSITIVELYPRESENT

988 SUICIDE & CRISIS
LIFELINE

**“988” is the three-digit, nationwide
phone number to connect directly to
the 988 Suicide and Crisis Lifeline**

**988 has been designated as the new three-digit dialing code that will route
callers to the National Suicide Prevention Lifeline.**

IN CASE YOU HAVEN'T BEEN TOLD TODAY:

YOU BELONG HERE.

YOU MATTER VERY MUCH.

YOU ARE DOING A GREAT JOB.